



## Clinical Breast Examiner Certification

**7:00 – 8:00 AM Registration and Breakfast**

**Saturday, March 20 8:00 AM – 5:30 PM and Sunday, March 21 8:00 AM – 12:00 PM**

**Suzanne M. Taylor, MD, CBEC, Shireen L. Braner, PA, RT, (R)(M)(QM), CBEC, CBPN-C, Sharon Cabbage, RN, BSN, CBEC and Julie Schnieders, MSN, NP, CBEC --- Models: Debora Wright, RT(M), CBEC and Sarah Svob, RT, CBEC**

This program covers one and one-half days and is designed to utilize Clinical Breast Examination Skills to accomplish a CBE's Paramount Objective, the detection of any dominant breast mass, as another early detection tool to ultimately reduce breast cancer deaths. This is accomplished through a didactic review of Core Breast Knowledge, BSE Technique, Breast Oriented History, Breast Imaging, Diagnostic Procedures with Breast Pathology, Follow-up Recommendations and Risk Management. The didactic component of the program is followed by a full half day of demonstration and practicum on performing a Clinical Breast Examination. Patient models, students and instructors will interface in life scenarios to experience issues and challenges in performing clinical breast exams. This is a validation and certification program of the individual's current skills, and not designed to teach an individual who has not performed Clinical Breast Examinations.

Each student will be provided a binder that outlines the major concepts that will be highlighted during the program and information that will be on the testing units. Also included in the binder are supplemental reading materials as well as a vocabulary list to assist in the understanding of program material. All test material is included in the binder. Following Clinical Breast Examination performance review, students will be evaluated on their core knowledge, ability to perform a Clinical Breast Examination in a real life approximated setting and their tactile skills regarding lump detection. A score of 85% or better must be achieved on the didactic written exam, the performance observation exam and tactile testing in order to pass the program and receive certification.

CBE® certification is the process by which the NCBC validates, based upon predetermined standards, a

licensed breast health care provider's knowledge in the performance of a clinical breast examination. The purpose is to assure the public that the certified licensed breast health care provider has completed the NCBC CBE® program and has met minimum knowledge and performance standards by recognizing the individual who has met these standards. Candidates who pass the CBE® may use the mark CBE® to verify they have met all eligibility and testing requirements. This may be used only while valid, after which time certification may be renewed. All individuals with valid certifications will be posted on the NCBC web site.

Beginning in 2010, new examination criteria will exist to allow individuals once certified, to maintain certification through an annual renewal process that will extend certification. Individuals certified during the beta sessions must re-certify by meeting minimum standards on the performance examination. To keep the certification active, each certified examiner must supply an annual report that identifies the number of exams completed and the exam findings, which shows that Clinical Breast Examinations have been performed as a part of their job responsibility.

This program is available to licensed healthcare professionals (physicians, physician assistants, nurse practitioners, registered nurses and radiologic technologists). It is recommended, but not mandatory, that individuals should be actively performing clinical breast examinations as part of their ongoing job responsibilities. Although this program will provide core knowledge and review performance and tactile skills, this CBE Certification Program is not designed as an entry level or introductory course for practitioners interested in learning basic CBE skills. This CBE Certification Program is designed for practitioners seeking CBE Certification as validation of their mastery of the breast health knowledge and CBE skills.



## Breast Patient Navigator Certification

**7:00 – 8:00 AM Registration and Breakfast**

**Saturday, March 20 8:00 AM – 5:30 PM and Sunday, March 21 8:00 AM – 12:00 PM**

**Susan Gardner, RN, CBEC, CBCN, CBPN-C, Colleen Johnson, RN, NP, CBPN-C and Colleen Sullivan-Moore, RN, MS, CBPN-C**

In the recent history of quality patient care, the breast health patient educator and navigator has become a vital component in many breast centers across the country. This position is sometimes referred to as the case manager, breast services manager or care coordinator, Nurse Navigator or Patient Navigator. Moving a patient through a breast care/cancer continuum is a complex and highly individualized process. The complexity is significantly reduced with the assistance of an individual or individuals who are trained to navigate a patient through the processes of care, often referred to as a breast patient navigator. However, just as the breast care/cancer diagnosis and treatment process may differ from facility to facility, so do the definitions, activities, knowledge and job descriptions of a breast patient navigator.

In an effort to minimize variances, and following five years of investigation and research, the NCBC developed a Breast Patient Navigation Matrix. The matrix identifies the navigation stages within the breast patient's continuum of care. Each navigation stage begins and ends with the patient as the focus. The matrix helps clarify the role of a breast patient navigator in each navigation stage by identifying minimum knowledge and skill requirements of the breast patient navigator to successfully navigate breast patients in each navigation stage. It further identifies the integrated navigation team member(s) who may be called upon for assistance in each navigation stage.

This model allows the breast patient navigator to assist patients with: 1) understanding the continuum of their care, 2) knowing who and how to contact the appropriate individual on staff on whom they will depend for the various services and/or support throughout their various stages of care, 3) identifying resources available to them at various times as needed and 4) empowering them to become informed participants in their breast health /cancer care program. The navigation stages are separated into two navigation groups: breast imaging stages and breast cancer diagnosis and treatment stages. This model can be adopted and modified by facilities providing breast care/cancer services.

Each registrant will be provided a reference/information binder that includes the Breast Patient Navigation Matrix, skills and knowledge for each navigation stage, sample job descriptions, suggested reading materials as well as a vocabulary list to assist in the understanding of terms.

The certification program covers one and one-half days. Saturday's program will include an overview of the Breast Patient Navigation Matrix, the expected skills and activities of a breast patient navigator for each stage, case studies, group discussions and presentations about various emerging treatment and care options. Saturday's program does not teach how to become a breast patient navigator. It is designed to provide information beyond that which a breast patient navigator should already possess.

The certification examination will take place on Sunday. The Breast Patient Navigation Certification examination is based upon the knowledge and skills a breast patient navigator should understand in order to successfully navigate a breast patient through the breast health/cancer continuum of care. This clarity of a breast patient navigator's role will assist both the breast health professionals who fill this role

as well as the administrators who have set expectations of the person in this position. The certification examination is expected to be completed in 3 ½ hours. The certification is designed for practitioners seeking Breast Health Patient Navigator Certification as validation of their mastery of the breast health knowledge associated with this position. Individuals who are familiar with breast patient navigation should consider becoming certified. Eligibility requirements are listed on the [www.BPNC.org](http://www.BPNC.org) web site.

The Breast Patient Navigator may be certified as either a Breast Imaging Patient Navigator or as a Breast Cancer Patient Navigator. The Breast Imaging Navigator is expected to have knowledge and skills to successfully navigate breast patients through all breast imaging care stages; while the Breast Cancer Navigator must possess the knowledge and skills to successfully navigate breast patients through both breast imaging and breast cancer care stages.

Certification is the process by which the NCBC validates, based upon peer-reviewed standards, a medically credentialed breast health care provider's knowledge in the navigation of a breast health care (cancer) patient. Certification assures the public that the breast health care provider has completed the NCBC Breast Patient Navigator Certification program and has attained an 85% or better minimum knowledge standard by recognizing the individual who has met these standards.

Candidates who pass the certification may use the mark BPNC-I or BPNC-C to verify they have met all eligibility and testing requirements. This may be used only while valid. All individuals with valid certifications will be posted on the NCBC website.

Due to advancements in care processes, treatments and technology, the examination is continually reviewed to reflect these advancements. Certification continuation must be demonstrated annually through professional education and documented performance.

Individuals who met minimum proficiency on any of the 2009 beta exams may sit for the life-time certification examination offered on Sunday for a \$150.00 exam fee. The 2010 version of the study/information guide is available upon request for an additional \$50.00. Individuals who were not certified in the beta year may register to take the Breast Patient Navigation Certification Program and examination. Registration for anyone who has not already sat for the exam(s) during the beta year and who met eligibility requirements is \$300.00 for NCBC members, while non-member registration is \$395.00 and includes membership for one year in both the NCBC and the Navigator Network. Eligible registrants may attend the program and sit for the certification exam or choose to sit for the exam only. All registration fees remain the same.

The National Consortium of Breast Centers developed the Breast Patient Navigation Certification Program to set standards of achievement based upon the breast professional's role; enhance patient safety, improve quality care and delivery of services; and recognize professionals who advance beyond basic knowledge in a field of specialty.



## Breast Self Examination Trainer Certification

**Tuesday, March 23 4:45 - 7:45 PM**

**Suzanne M. Taylor, MD, CBEC, Shireen L. Braner, PA, RT, (R)(M)(QM), CBEC, CBPN-C, Sharon Cabbage, RN, BSN, CBEC and Julie Schnieders, MSN, NP, CBEC**

This program is designed to designate medical professionals with a BSE Trainer Certification. Certified medical professionals will have tested and will have shown they possess the knowledge and skills to provide BSE instruction to both medically and non-medically credentialed health care professionals. The certification further allows the trained individuals to teach patients how to perform BSE. Certified individuals will have attained an 80 % on each of the three examinations: didactic, tactile silicone model skills, and verbal mini-lecture. This program will include comprehensive didactic sessions for Core

Breast Knowledge and BSE Skills followed by a workshop session for tactile BSE skills and verbal BSE presentations. It will also identify the next steps for securing the training and skills necessary to obtain NCBC CBE Certification. Upon successful completion of this program certified medical professionals will receive a NCBC BSE Instructor's Certificate. Manuals to assist in training other professionals are available to those who successfully complete the program and attain certification. Recertification is attained annually through submission of training data.